

Consulting and Workshop Offerings*

*All offerings can be customized to meet the needs and time constraints of your school/program. Please connect with us!

1. Site visit and assessment of partner school outdoor areas (time length varies, dependent on scope and number of classrooms, age levels, etc.—start with a base of three hours)

~Visit school property and possibly surrounding area (conservation lands, town property)

~Assess for use/creation of outdoor classroom areas

*Additional time: Creation of proposal on how to get started with establishing outdoor learning spaces (varies—start with two hours of writing and research time)

2. Stepping Outside the School Building with Students For the First Time: Tips and Tricks for How to Get Started (half-day training)

~This is the practice of moving slowly and starting small

~Establishing your "Why?" and keeping yourself safe and sane

3. Risk Management and Safety Basic Training, Professional Development for Teachers and Administrators (part-day or day-long workshops)

~Begin laying the foundation for risk management and safety when teaching outdoors

~Part I: Preparing--A.M., Part II: Putting Some of it into Action--P.M.

4. Risk Management and Safety Training Next Level, Professional Development for Teachers and Administrators (part-day or day-long workshops)

~This training is for those who have completed the Basic Training and want to reach deeper and higher. Included are: Carving, Sawing, Fire, Off-campus Trips (into the "Beyond")

5. Teaching *With* Nature, Not Just *In* Nature": Establishing Norms, Routines, and Developing the Basics of Nature-Based Curriculum (1 hour, part-day, to day-long workshops with follow-up) ~This is the tip of the iceberg with how to begin integrating your teaching practices ~Depending on the extent of the series, we can go deep or just accomplish broad strokes.

6. "Outdoor Learning and Nature-based Teaching in the Winter? Yes, We Can!" (1 hour, part-day, day-long workshop with follow-up)

~Basic routines and rhythms, curriculum, and risk management for winter learning

7. "How to Be a Change-maker Administrator: Start an Outdoor, Nature-based Learning Model in Your District or School!"

A workshop with three parts:

- 1. A visit and tour at another model program/school
- 2. Meet with Anne Stires/Marie Robinson at your school or by phone
- 3. Virtual gathering of administrators for a workshop

~Establish the budget

- ~Plan for teacher professional development
- ~Involve the community

~Implement project-based learning aligned with the standards

~Connect with other like-minded administrators

8. Start a Professional Learning Community with your school community, district, or between schools! This can be done with a group of teachers, outdoor learning coordinators, administrators, or a mix of staff roles (led by Anne Stires and Marie Robinson).

9. A multi-part series of Social Emotional Learning and Nature Connection workshops ~the Social Emotional Learning (SEL) Domains, promoting inclusivity, safety, and belonging, anti-bias and anti-racist practices, and how these values are essential for nature connection teaching and learning;

~core competencies of health and wellness education and nature connection;

~diverse, high quality, and culturally responsive teaching practices for SEL/Nature Connection and the research that exemplifies the benefits of both for overall health and development; ~the how and why of SEL/Nature Connection curriculum that is the backbone of children's experience, and establishing enriching, creative ways to implement the curriculum; ~culturally responsive and specific trauma informed teaching practices, reflecting on our own bias and behavior, and the importance of observation and relationship with them and family in order to know students well;

10. A multi-part series of Sensory Regulation and Nature Connection workshops
Overview of sensory processing and what regulation "looks like" in the outdoor classroom
How students hierarchy of need helps to structure and adapt learning activities for success
How daily practice of setting intention, mindfulness and self "check-ins" can help promote
self-regulation, transition tolerance and flexibility in play and learning
Creating spaces and mindful "structure" to daily routine to support children in their development of
executive functioning skills and resiliency.

Fees and Pricing Structure**

~Hourly rate for a bundle of services: \$100/hr. for site visits to schools, consults beyond 15 minutes, preparing documents if not already included in the proposal

~Lead Presentations, Keynotes: \$1000-1200 (dependent upon length: 45 minutes-1.25 hours)

~Workshops at Conferences: \$300-500 (dependent upon length: 1-2 hours)

~Day-long summer workshops for groups with Juniper Hill Center for School Renewal: \$300 Sensory Regulation and Nature Connection for Educators Sensory Regulation and Nature Connection for Therapists (OTs/PTs/Speech)

~Professional Development, Coaching with Model Lessons/Observation, & Other Consulting* \$1000/6 hr. day \$600/3 hr. half day \$300/hr. for in person workshops \$200/hr. for virtual workshops \$100/hr for phone consultations over 15 minutes (that does not include for when we are designing programming or meeting about PD, just for consulting questions for your school or program about curriculum, resources, design, etc.) *Essentially, our fee is \$200/hr./facilitator. If more than one professional prepares/presents workshops–such as Anne Stires and Sue Ford together, then we charge for each of us. Anne will discuss all these pieces with you.

~Summer Institute for Early Childhood and Elementary Educators with Juniper Hill Center for School Renewal*: \$1200/person Teaching With Nature I: An Introduction to Nature-Based Teaching & Learning and Teaching With Nature II: Social Emotional Learning & Nature Connection) *3.5-day courses that can be taken out of order with option to take them for Antioch University graduate credit, additional \$400/per course

**This list is for fees for service. Applicable travel expenses are additional (mileage, travel time, flights, rental car, accommodations, food). In 2022, travel time is billed at \$50/hr and mileage is calculated at \$0.59/mile.

A sample flow of workshops:

1. Site visit

2. Stepping Outdoors for the First Time (combined with a site visit to the participating school, tricks and tips for setting up an outdoor classroom)

- 3. Safety and Risk Management
- 4. Curriculum
- 5. Teaching in Winter